

Issue 4 - Friday 22nd November

COLLECTIVE WORSHIP VALUE OF THE WEEK

25th November

Advent

2nd December

Optimism

DATES FOR YOUR DIARY

DATE

EVENT

ADDITIONAL
INFORMATION

Thursday 28th
November

SEND Coffee Morning

9:30am - 11:00am
Sign up via Google Form

Friday 29th
November

Year 7 Church Service

Lesson 1

Friday 29th
November

Vaccination Catch Up
Clinic

For students who missed
the vaccination day due
to illness/appointments
who have already
consented + missed
Meppershall students

Sunday 1st
December

Henlow PTA Christmas
Fayre

2:00pm - 4:00pm

Tuesday 3rd -
Thursday 5th
December

Book Fair

Students will have an
opportunity to attend
during a lesson, break or
lunch

Tuesday 3rd -
Thursday 19th
December

Year 11 GCSE Mocks

Exam timetable is
available on the school
website

Christmas Dinner

Friday 20th December

Festive Roast Lunch with all the Trimmings
(G) (W) (E) (SU) (MK) (SO)

or

Festive Roast Quorn Lunch with all the Trimmings
(G) (W) (E) (MK)

or

Festive Baguette - Turkey, Stuffing & Cranberry Sauce
(G) (W) (E) (SU) (MK) (SO)

Festive Dessert
(G) (W) (E) (MK)

or

Fresh Fruit

Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)



We will be hosting our Christmas lunch on
Friday 20th December

Christmas lunch needs to be pre-ordered.
No lunch orders will be taken on the day. It is the
same cost as a normal school lunch and payable
through your ParentMail account.

Please complete this form before Friday 6th
December for each of your children

<https://forms.gle/6EAySaL9cvVCYrxEA>

SEND COFFEE MORNING

THURSDAY 28TH NOVEMBER



9:30AM - 11:00AM



PARENTS AND CARERS OF CHILDREN AT HENLOW,
WITH SPECIAL EDUCATIONAL NEEDS,
ARE INVITED TO DROP IN AND CHAT WITH OUR
SEND DEPARTMENT AND EXTERNAL ORGANISATIONS

PLEASE SIGN UP THROUGH LINK IF YOU WOULD LIKE TO ATTEND
[SEND Coffee Morning Sign Up](#)





WINTER TIMETABLE

Talks are delivered online via zoom 7pm to 9pm £24 each

If you can't make the date ask for the link to the recording, available for 48 hours afterwards

Book online at facefamilyadvice.co.uk

go to the PARENT page

FREE - Decreasing Depression FREE - Anxiety Explained	25 NOV 20 JAN
What is ACT?	26 NOV, 21 JAN
Understanding Addictive Behaviour	28 NOV
Supporting a Child with ADHD	5 DEC, 2 JAN
Understanding Anger	16 DEC, 13 JAN
Facing Defiance	17 DEC, 14 JAN
Supporting Healthy Screen Use	19 DEC, 16 JAN
Anxiety-Based School Avoidance	7 JAN
AUTISM: Improving Communication	9 JAN
Raising Self-Esteem	27 JAN
Supporting Healthy Sleep	28 JAN
Improving Family Communication	4 FEB
Introduction to OCD	18 FEB

facefamilyadvice.co.uk

info@facefamilyadvice.co.uk



Winter 2024/2025

Newsletter

FREE
until
JAN 25



Understanding the Teenage Brain
Watch this recorded session in your own time, to learn why our teens think, feel and behave very differently from adults and how we can support them.

Thursday
5th Dec
19:00 - 21:00
£24



Supporting a Child with ADHD
Challenging the stereotypes and giving practical interventions. Clear explanation of the condition in all its forms and extremely useful advice.

Tuesday
17th Dec
19:00 - 21:00
£24



Facing Defiance
Effective interventions for handling defiant behaviour. ADHD, ODD and PDA relevant as well as regular challenging behaviour. Introduction to the FACE programme - Facing Defiance - 6 week course

Tuesday
7th Jan
19:00 - 21:00
£24



Anxiety-Based School Avoidance
Understanding and supporting children who are anxious about school. Steps you can take to help them back into the classroom.

Thursday
9 Jan
19:00 - 21:00
£24



AUTISM:
Improving Communication
Looking at how small changes in how we communicate with children on the spectrum can lead to big improvements.

facefamilyadvice.co.uk

info@facefamilyadvice.co.uk



**Book!
Now!**

Healthy
PARENT CARERS

Take time for you...

A free online, supportive, programme for parents of children/young people with special educational needs or disability, who want to improve their own health and well-being.

Join our trained facilitators at SNAP PCF ...

For a free 12-week online programme that puts your well-being at the centre. Learn how to take positive, manageable steps to better self-care.

**Book!
Now!**

"I NO LONGER FEEL ALONE AND I FEEL
HELD BY THE PEOPLE THAT I HAVE MET."

Meet other parent carers.....
in a supportive group and
focus on your well-being

**Join us for a supportive 12-week
course held online, term time on
Monday Evenings 7:00-9:00 pm,
starting on 06/01/25. Learn how to
build confidence, resilience and feel
empowered to solve problems and
achieve better health and well-being.**

"I DEFINITELY LEARNT TO
LOOK AFTER MYSELF AS THE
GLUE IN OUR FAMILY.

THANK YOU!"

"What is the bravest thing
you've ever said?" asked
the boy.



"Help," said the horse.

BOOK NOW

**To reserve your place and to receive
more information on our free Healthy
Parent Carer Programme email:
admin@snappcf.org.uk**

All participants will receive a free handbook
and mini pamper pack

EXTRA CURRICULAR ACTIVITIES

ADVANCE WORKSHOPS

Develop your game in a professional
enviroment

MBF SPORTS LTD

**FORMER LUTON TOWN U23
COACH BEN STEVENS AND UEFA B
COACH TIM WEST**

**MONDAYS U10 - U12
BACK IN THE NEW YEAR**

**WEDNESDAYS - U12 - U15
1900-2000 (HENLOW COE ACADEMY)**

**FRIDAYS U11 - U13
1815-1915 (ROBERT BLOOMFIELD
ACADEMY)**



HONESTY

ENTHUSIASM

NURTURE

LOVE

ORIGINALITY

WISDOM

FUTSAL



Mondays

6-7pm - U7-U9

7-8pm - U12-U14

8-9pm - U14-U16

Wednesday

6.15-7.15pm - U11-U13

Thursday

6.15-7.15pm - U12-U13

Friday

6-7pm - U8-U11



Boost Your Football Skills with Futsal!

Futsal is a fantastic way to rapidly develop essential football skills such as:

Balance

Motor Ability

Agility and Coordination

Ball Mastery

Accurate and Quick Passing and Receiving

Perception, Insight, and Awareness

Children naturally enhance these abilities through repetition and practice in small areas. Join us and watch your skills soar! 🌟⚽