

Parents Emotional Wellbeing session

We would like to invite you to an Emotional wellbeing session with our Emotional Wellbeing Practitioner:

Chloe Lovell

This will be an opportunity for Middle school parents to find out ways to support your child's emotional wellbeing

Would you like to learn ways to support your child 's angry and anxious feelings?



Please register for a place using the links below

The event will be held over
Microsoft Teams and the link will be sent out
24hours prior.

Monday 28th June

4.30-5.30pm

https://www.eventbrite.c om/e/147755573899

Organised by the CBC North Localities Early Help Teams:

For more information contact your Community Partner:

Ivel Valley — <u>Kerry.Nielow@centralbedfordshire.gov.uk</u>
West Mid Beds -Natalie.Good@centralbedfordshire.gov.uk