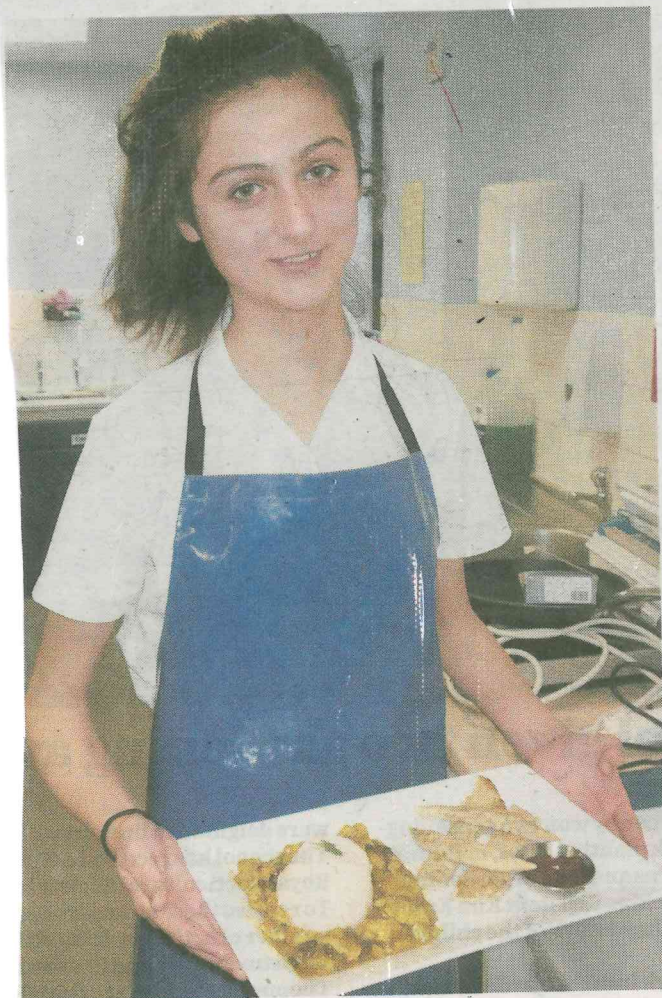


Future Chef competition



## Henlow chef in making

Henlow Academy is nurturing new culinary talent in the form of Adriana di Bernardo.

The 13-year-old Year 8 pupil from Stotfold was runner-up in the regional Future Chef competition, held at Bedford College on Monday.

Competing against GCSE Food Technology students from around the County, Adriana and fellow Henlow pupil Caitlin Saunders prepared and cooked a delicious two-course meal for two for under £7.

Setup by industry celebrities, such as Brian Turner, to encourage students to take up cooking in a professional capacity, the competition encourages pupils to create healthy and cost-effective meals in just one hour.

Adriana produced a delicious chicken curry with rice, naan and home made mango chutney which wowed the judges.